WOOD COUNTY ALCOHOL, DRUG ADDICTION, AND MENTAL HEALTH SERVICES BOARD

APRIL BOARD MEETING MINUTES April 15, 2024

<u>ADAMHS BOARD MEMBERS PRESENT</u>: Matthew Battiato, Katina Bostic, Karen Baron, Judy Ennis, Dan Lambert, Dr. Carol Mowen, Frank McLaughlin, Erica Parish (5:05), and Leslie Miller

ABSENT: Brandy Laux (E), Scott Kleiber (E), Corey Speweik

BOARD STAFF: Amanda Kern, Aimee Coe, Laura Fullenkamp, Julie Launstein, and Kathryn Shackleton

<u>GUEST</u>: Craig Gebers, Brandon Smith, Katie Frank, Kyle Clark, Joanna Goiai, Victoria Graham, Melanie Van Dyne, Julie Carle, Kathy Mull, Eddie Kershaw, Jessica Hartman, Carlos Ruiz

<u>CALL TO ORDER</u>: Frank called the meeting to order at 5:00 p.m. Kathryn called the roll, and a quorum was present.

BOARD ACTION/RESOULTIONS:

FY2024-23 Mercy 1st Amendment: Dan motioned to approve this resolution, and Carol seconded. Kathryn called the roll; all present in favor. This resolution is adopted by the majority of the Board. Resolution passed.

FY2024-24 Great Lakes Training: Karen motioned to approve this resolution, and Matt seconded. Frank aasked about funding sources, he sees federal and levy. Julie answered that the majority of funding will be SOS federal funds, but some of the associated travel funds cannot be reimbursed through SOS, and will come out of local levy dollars instead. Kathryn called the roll; all present in favor. This resolution is adopted by the majority of the Board. Resolution passed.

<u>FY2024-25 Greenbriar Lease</u>: Katina motioned to approve this resolution, and Karen seconded. Leslie asked about a bigger space. Amanda stated we haven't found anything, but we did hear about a county space opening up that we will look at. The concern is for conference room space, otherwise, we will see if there is any county property and possibly build. Kathryn called the roll; all present in favor. This resolution is adopted by the majority of the Board. Resolution passed.

NEW BUSINESS:

Executive Director Review (Harbor & NAMI):

<u>Harbor</u>: Amanda had handouts for the Board to review. Leskie asked about how long goals were in place and suggested new goals for those that had been around for a while. There were no further questions, so we moved on to the allocation fiscal summary. Amanda explained some of the increases that are seen in Harbor's request. We are working to see if we can offset housing costs with some subsidy that is available. We will be talking to the State tomorrow about this. Matt asked about vehicles and, based on the increase in leasing, asked if they had considered purchasing. Amanda stated we didn't ask, but we could ask. Dan is curious about how many vehicles there are. Is this a rate increase, or is the fleet growing? Dr. Mowen asked about the Forensic/ACF Monitor position; who is this? Amanda stated her name is Hope, and explained what she does as the monitor.

Dr. Mowen asked if they were connected to Harbor, and Amanda stated they were connected to treatment. Amanda stated this is a Board position funded by the Board. Dr. Mowen asked for clarification. Harbor also has flow through funds for women's residential, and they requested new housing expansion.

<u>NAMI</u>: Laura provided an update on Outcomes. Amanda suggested a revised date be added regarding Leslie's question. Amanda then walked the Board through NAMI's request breakdown. The total cost increase is for staff increases, insurance, etc. Amanda also informed us that we have asked NAMI to seek the OhioMHAS accreditation process to access alternative funding streams. Dan asked if there was a single program that carried the increase, and Julie answered that it was staff salaries. Matt asked about accreditation.

OhioGuidestone Allocation Presentation: Victoria introduced herself and Joanna, the Regional VP. Victoria provided background on who OhioGuidestone is and provided a breakdown of clients served and billable services provided. Victoria then touched on their outcome measures. She shared the locations we fund with one client at their Toledo Recovery House. Victoria provided information on the specialized services OhioGuidestone provides: ARC FASD, Criminal Justice Programming (Screener and Liaison), Community Transition Program (CTP), Project Direck Link, Substance Use Peer Support, and Rapid Access. Victoria then spoke about the new program they are requesting funding for, the Expressive Arts Program. Victoria states they looked at the Community Plan and found that this new program would meet several objectives. She then shared some of the work that has been done. They currently have someone in Toledo who does this, so they would bring this person down to Wood County and train. The cost is start-up cost. It is a very sustainable program. Matt asked about MAT; besides Vivitrol, what they are using? Victoria answered Vivitrol, Suboxone, and Sublocade, they do have Subutex for pregnant women, but they do not do methadone. Judy supports their art therapy. Dr. Mowen states there is extensive research on art therapy. Dan asked who it was modeled after. Victoria states no one; she [the therapist] just started it. Joanna spoke and stated that even though they shut down the Bowling Green office, they lost no staff and only 3 clients. Joanna wanted to recognize Victoria's leadership.

Executive Director Review: Laura provided an outcomes update through quarter 2. Some areas are working towards meeting their goals, especially in the CJ area. Laura went through the outcomes and provided reasons why they may not have met the goal. Amanda then went through the fiscal requests. This year, we broke out the CTP funding line, which can only be used for specific reasons. Dr. Mowen thinks the request for new programming is extremely low. She suggests maybe adding the difference in the request from this year to next into the art program.

Zepf Center Allocation Presentation: Brandon introduced himself to the Board and those present with him tonight. Brandon highlighted the pillars of recovery and will be pointing out how each area he talks about meets a pillar. Brandon explained the different levels of residential housing. The men's recovery house has served 144 residents since it opened in 2016. While they didn't meet the outcome, they are currently at 7 residents. Brandon informed us they have a 55% success rate, an average stay of 104 days, 82% are employed or in school, and 100% are involved in the recovery community. Brandon provided a statement from one of the residents, who is currently on his 3rd stay at the house. Brandon then discussed Zepf's SUD services, having served over one hundred clients this year. The biggest service they provide is methadone for Wood County. The average treatment length is 90 days. Brandon further provided outcomes around outpatient services. Erica asked if 55% was up or down from prior years. When compared to their other recovery houses, which are around 60%, this is in line with the other housing. Erica asked about the length of stay. Brandon states it is

consistent with what they see in Lucas County. Brandon states that Cygnet only has 9 beds, so even one quarter that doesn't go well skews the numbers for the whole year. Dan asked if the returns have cascading effects. Brandon responded that he sees this in treatment in general. Dan asked about rent and if this was common. Brandon states it is common in recovery housing. They are exploring other lines of funding when rent is a barrier for residents. Dan thought maybe rent was counterproductive. Brandon then explained what supports their collecting rent. Karen asked what the percentage is for direct admission rather than having a referral. Brandon states that they are usually referrals.

<u>Executive Director Review</u>: Laura states we are going to shift some outcomes because they are not realistic. An amendment to increase FFS for this year is coming at the next meeting, so this number will be higher than listed for FY25.

ADJOURNMENT: The meeting adjourned at 6:05 pm.

Approved by		
Frankle 2 4/29/24		
Frank McLaughlin, Bourd Chair, ADAMHS Board of Wood County	Date	

Submitted by: Kathryn Shackleton, Executive Assistant