

2014-2016 Strategic Plan Update

A Status Report on the Wood County Alcohol, Drug Addiction and Mental Health Services Board's 2014-2016 Year Strategic Plan

February 23, 2015

Strategic Plan Implementation

- June 2013, Board approved Strategic Plan
- October 2013, Board agreed with implementation plan
- Accomplishments possible only with strong collaborative partnerships
 - Within Wood County's Behavioral Health System
 - Among many local stakeholders (Schools, BGSU, JFS, Health Department, Family representatives, clients)
 - Other regional ADAMHS Boards (NW Ohio Collab.)
 - Department of Mental Health and Addiction Services

FY 2014 -2016 Strategic Plan Update February 23, 2015

- Goal 1: Enhance recovery supports and services
- Goal 2: Augment community safety through mental health and addiction services
- Goal 3: Advance high quality and cost-effective services
- Goal 4: Assure good stewardship for financing the system of care
- Goal 5: Elevate Board operations



Goal 1 Objectives

Enhance recovery supports and services

- A. Enhance Drop-In Center services -
- B. Increase Local Housing for clients -
- C. Maintain job creation services -
- D. Increase Peer Support, empowerment and anti-stigma strategies -
- E. Work to improve Transportation for clients throughout the county with community partners

Goal 1, Objective A

Enhance Drop-In Center services

- 1) Connections Center Open to clients from other agencies - **DONE**
- 2) Problem-solve transportation to Connection Center & Transition Aged Center - **DONE**
- 3) Expand Days and Hours Drop In Centers are open for clients – In Process
- 4) Determine need for expansion of services offered at Drop In Center – **DONE**
- 5) Develop Satisfaction surveys for clients, families and referral sources – In Process
- 6) Explore Need for additional Drop-In Centers - Pending

Goal 1, Objective B

Increase Local Housing for clients

- Submitted Wood County Capital Plan to OMHAS - **DONE**
- Submitted Capital Plan priority to OMHAS for FY 2015 - **DONE**
- Develop local relations with County Housing partners – In Process
- Regional Housing Needs Assessment with OMHAS and NW Ohio Collaborative Boards – In Process
- Board Considers Housing Plan and Implementation – In Process (as part of FY16 Allocations Process)
- Housing Needs Assessment Analysis – In Process

Goal 1, Objective C

Maintain job creation services

- Negotiate FFY 14 Opportunities for Ohioans with Disabilities (OOD) Vocational Service (VRP3) Contract - **DONE**
- Negotiate FFY 15 OOD VRP3 Contract – **DONE**
- Contract for FFY 15 & FFY 16 - **DONE**
- Expand referrals to CareerLink services – **DONE**, & In Process, ongoing
- Develop Board Reports – Data received, in process

Goal 1, Objective D

Increase Peer Support & Empowerment

- Peer Support –
 - WRAP trainers trained, classes implemented
 - WRAP peer support
 - NAMI support groups
 - Connections Center expanded clients, programs & transportation
 - Considering Peer Mentor training
- Empowerment –
 - CareerLink and Employment groups
 - Connections Center skills training and support groups
 - NAMI support groups
 - Public Presentations
 - Connections Center newsletter – The Chatterbox
 - MyOutcomes system for outcomes measurement, client driven

Goal 1, Objective D

Anti-stigma, Awareness, Education

- NAMI/Board PR & Anti-stigma plan & Recovery Workshops
- Local workshops on Trauma (Bloom, Perry) & Opiate Town Hall
- History of MH Treatment event & Asylum Art Exhibit & Providers booths with Wood County Historical Society
- Family & Children First Council Involvement & Collaboration)
- Mental Health First Aid training (adult & youth)
- WBGU-TV Opiate Program
- Ongoing newspaper articles, printed ads & radio talks
- Wood Co Suicide Prevention Coalition Plan (see new website)
- Many Criminal Justice Collaborations (Law Enforce Executives, CIT)
- Senior Center Presentations (all 7 centers)
- Faith Based Presentations (BG, Methodist Pastors, Rossford UM Church, NAMI FaithNet program)

Goal 1, Objective E

Work to Improve Transportation

- Established NETPlus Transportation Program – Operational, working out details for reporting, PR
 - Board approved \$50,000 to support this project.
 - MOA with JFS and CRC approved
 - Black & White Transportation Contract approved
- Worked with WSOS effort and County Stakeholders to revise County Transportation Plan
- Connections Center transportation provided
- Some JFS / federal funds for vocational transportation
- Need to work on transportation needs for recovery support – shopping, other appointments



Goal Two Objectives

Augment community safety

- A. County Wide Sequential Intercept Mapping (Adult 2013 & Youth 2014)
- B. Develop Reentry programming for successful community placement from prison and jail
- C. Expand/improve Crisis Intervention Services
- D. Expand trauma-reduction and trauma Informed culture, services and programs
- E. Develop & Implement Suicide Prevention Plan
- F. Continue, Enhance & Expand Crisis Intervention Training (CIT)

Goal 2, Objective A

Perform Sequential Intercept Mapping Workshops

- Adult Sequential Intercept Mapping Workshop held Fall 2013 – Two day workshop
 - First in Ohio
 - Ohio Criminal Justice Coordinating Center of Excellence (OCJCCOE)
 - Report obtained
- Youth Sequential Intercept Mapping Workshop – Fall 2014 – Two day workshop
 - Wood Co developed this with OCJCCOE, First in Ohio



Goal 2, Objective B

Develop Reentry Programs

- Implement in-jail behavioral health screenings
- Implement Behavioral Health Assessments in Jail for Wood County residents
- Enhanced Probation Departments - Behavioral Health coordination for treatment
- Arrowhead Inpatient and Detox Contract & NW Ohio Recovery Residential services contracts
- Participated in Wood County Project Homeless Connect & Mid-Month Match-ups
- Assertive Community Treatment (ACT) and Intensive Collaboration for Adult Recovery & Empowerment (I-CARE) Outpatient Programs

Goal 2, Objective C

Expand/improve Crisis Intervention Services

- Board determines Health Officer training and approval requirements – **Approved current**
- Develop Crisis Intervention Satisfaction Instrument for stakeholders and clients - **Pending**
- Expand and improve Crisis Intervention and Hospital Utilization Databases – **In Process**
- Continue Law Enforcement Crisis Intervention Committee – **In Process**
- Study Needs and Costs for Adult Crisis Stabilization Unit services for Mentally ill, Addicted – **Costs determined, Needs study In Process, Options being discussed**

Goal 2, Objective C


Expand/improve Crisis Intervention Services

- Expanded Residential Treatment & Detox options for Substance Abuse
 - Recovery Services NW Ohio – adults
 - Devlac Hall increased beds 13 to 16
 - A Renewed Mind contract for youth (soon for females, too)
 - Arrowhead Detox beds
- Expanded Psychiatric Inpatient
 - Arrowhead Inpatient
 - Mercy to open 90 bed facility this spring
- CRC Residential Unit opens February 2014
 - Increases from 4 (functional) beds to 8, safety upgrades

Goal 2, Objective D

Trauma awareness and training

- Dr. Sandra Bloom Workshop at BGSU – over 700 attended
- Sanctuary Institute Workshop – 88 attended
- Formed Wood County Trauma Informed Community Coalition - ongoing
- State & regional leadership provided
- Dr. Bruce Perry Workshop – 280 attended at Penta
- Family & Children First Council adopting creating a trauma informed community as a major project
- Board contract agencies moving forward with trauma informed care training, policies, practice



Goal 2, Objective D

Evidence Based Prevention

- Mental Health First Aid Training in County
 - Among first trainers trained
 - 6 trainings so far, 100 people trained
- Work with Schools to implement Good Behavior Game
 - Trainers trained with Board funding
 - Implementation occurring with rapid expansion
- Expect Respect continuing (Board funds)
- Olweus Anti-bullying program continuing (Board funds)

Goal 2, Objective E

Develop/Implement Suicide Prevention Plan

- Wood County Coalition develops two year County Suicide Prevention Plan – Board approved
 - Tied to National Guidelines and State Suicide Prevention Plan
- New brochures developed and being disseminated
- New Suicide Prevention website developed

Goal 2, Objective F

Crisis Intervention Training (CIT)

- Dispatcher CIT Training for Wood County - **DONE**
- Began Wood County CIT Coordinators Committee – **DONE**
 - To help maintain and expand awareness and training and promote cross-jurisdictional collaboration
- Holding two CIT trainings per fiscal year – **DONE & continuing**
- Goal - Expand CIT Training to all Wood County law enforcement departments to help maintain and expand awareness and training
- Development of system wide database for sharing of information



Goal 3 - Advance high quality and cost-effective services

- A. Improve outcome evaluation
- B. Explore technology
- C. Identify emerging mental health and addiction needs and high-quality service options
- D. Fund needed emerging services
- E. Enhance workforce development

Goal 3, Objective A

Improve outcome evaluation

- Worked with stakeholders to determine important variables to measure and methods
 - Preparing to implement MyOutcomes – a web based, client driven outcomes system
- Develop Plan to make changes to outcomes measurement
- Plan for necessary technology to facilitate data collection and analysis

Goal 3, Objective B

Explore technology

- TeleMedicine Implementation – **In Process**
 - Family Services, CRC
- Continue Telemedicine funding as needed via Hot Spot funding – **DONE, finished for now**
- Develop satisfaction measures and procedures to evaluation telemedicine use - Pending
- Providers Report to Board on Implementation
- Criminal Justice Database – **almost done**
- Upgrade of Hospital Utilization Database – **in Process**

Goal 3, Objective C

Identify emerging needs & services

- Medication Assisted Treatment
 - Expanding in Wood County via A Renewed Mind, Behavioral Connections, Lutheran Social Services and private provider(s)
 - Considering use of state Central Pharmacy funds if needed
- SBIRT Implementation - Pending
- Hospital discharge services improving with contact and soon, support groups
- Needs of transition aged clients
 - Transition Housing at BCWC & TIP program
 - Need
- Opiate Addiction & Overdoses addressed via Opiate Task Force

Goal 3, Objective D

Fund needed emerging services

- MAT services – being funded via other sources so far
 - Looking into use of state funds for needed medications
- Trauma Informed treatment services – **In Process & Pending**
- Dialectical Behavior Therapy - **Pending**
- Trauma Informed Cognitive Behavioral Therapy - **Pending**
- Good Behavior Game - **DONE**
- Mental Health First Aid - **DONE**
- Olweus anti-bullying programming – **DONE**
- Assertive Community Treatment – ACT – **DONE**
- Developed I-CARE intensive outpatient treatment

Goal 3, Objective E

Enhance workforce development

- Recruitment & Retention of Critical Clinicians
 - Psychiatrists – In early process
 - Therapist – Pending
- Training in evidence based treatment and prevention services – In Process
 - Sanctuary Institute Training – **DONE and in Process**
 - Functional Family Therapy training at CRC, via grant

Training in evidence based treatment and prevention services

- DBT Training - Pending
- Sanctuary Training – Done & Ongoing
- Good Behavior Game – Done & in process
- Olweus Anti-Bullying – Done & Ongoing
- Mental Health First Aid Training
 - Adults – **DONE & Ongoing**
 - Youth – **coming via ESC Project Aware Grant**
- WRAP training – **DONE & Ongoing**
- CIT – **DONE & Ongoing**

Goal 4 - Assure good stewardship for financing the system of care

- A. Secure levy approval to meet prevention, treatment and recovery needs for Addictions and Mental Illness - DONE
- B. Update Board reserve policy for current and emerging needs – Considered by Finance
- C. Align funds to priorities utilizing competitive processes when feasible – In Process
- D. Collaborate with community on joint ventures consistent with Board Goals – Done and Ongoing

Goal 4, Objective A

Pass 1.6 mill Renewal Levy

- Passed November 2014 Election
- 22,637 Votes for (65%)
- 1,017 Friends & Family post cards mailed
- 578 residents signed endorsement sheets for paper
- 33,000 levy cards mailed
- 4,677 cards mailed to absentee voters
- 49 speaking engagements
- 9 support letters to the editor
- 39 super signs placed
- 12 billboards used
- 2 Radio levy talks

Goal 4, Objective

Review/Update Board reserve policy

- Survey ADAMHS Boards for reserve policies – **DONE**
- Finance Committee reviewed and decided not to make changes for now



Goal 4, Objective C

Align Funds to Priorities

- New process is yet to be determined
- Annual allocations process
 - begins with current needs assessment data
 - Agencies proposals for meeting prioritized needs and emerging needs
 - Board review and decisions for funding



Goal 4, Objective D

Collaboration with Community

1. Addictions addressed via provider meetings and Opiate Task Force and collaboration with other stakeholders
2. Criminal Justice Collaborations
3. Expansion and improvement of crisis services
4. Improved access to services
 1. Transportation
5. Trauma awareness & promotion of trauma informed care
6. Awareness & Education



Goal 4, Objective D

Collaboration with Community

7. Recovery Support Improvement
8. Levy Renewal
9. Prevention Programming
10. Mental Illness – Developmental Disabilities
Collaboration

Goal Five

Elevate Board operations

- Revise Board By-Laws – DONE
- Review and Update policies & procedures & committee operations – **Pending, to start soon – Culture of Quality to start this Fiscal Year**
- Enhance Board member education / outreach
 - In Process
- Review Board capacity to implement the strategic plan, including technology and staffing
 - In Process
- Implement a comprehensive marketing plan to address general education/outreach & access, levy campaign, anti-stigma effort - **DONE & In Process**