



Group therapy for Trauma/PTSD And Substance Use

WHAT: Seeking Safety Group Therapy

WHERE: The Zepf Center, 541 W.Wooster St., 3rd floor, Bowling Green

WHEN: Tuesdays 1pm-3pm beginning January 26th, 2016

WHO: Individuals with a history of Trauma or a diagnosis of PTSD and a co-occurring substance use issue

Lunch will be provided on January 26th.

Please call [419-373-6560](tel:419-373-6560) to schedule an assessment
prior to starting group.

PLEASE NOTE: Seeking Safety is an evidence-based group treatment that directly addresses both trauma and addiction. Members do not give detailed accounts of their trauma history in the group setting, but focus on the present issues of being safe and improving their lives.



HOPE BEGINS HERE.

